

**SECTION .1700 – CARE PLANNING AND FOLLOW-UP EVALUATION**

**10A NCAC 14F .1701 CARE PLANNING**

(a) Within five weeks of a patient's admission to the program, the interdisciplinary team shall develop a cardiac rehabilitation care plan for the patient based upon assessments completed as required under Section .1600 of this Subchapter.

(b) The cardiac rehabilitation care plan, at a minimum, shall include:

- (1) the patient's exercise therapy;
- (2) nutrition services, if indicated;
- (3) mental health services, if indicated;
- (4) vocational services if, indicated;
- (5) educational counseling;
- (6) cardiac rehabilitation goals; and
- (7) discharge planning.

(c) Within six weeks of the patient's admission to the program, a copy of the cardiac rehabilitation care plan shall be sent to the patient's personal and referring physicians.

*History Note: Authority G.S. 131E-169;  
Eff. July 1, 2000;  
Pursuant to G.S. 150B-21.3A, rule is necessary without substantive public interest Eff. December 6, 2016.*